

# BROTHERHOOD TRUTH SHEET

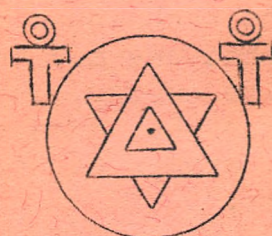
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## SPIRITUAL AND HEALING MESSAGES OF LOVE

We gladly prepare and publish this weekly message of Truth for your Spiritual Edification. We do this without charge to you, all we ask, to insure its continued growth, is a "Love Offering" - to cover cost of handling.



BROTHERHOOD OF THE WHITE TEMPLE, INC.



# SAHAJ

# YOGA

## THE YOGA OF LIFE

By

DR. M. DOREAL

It is an absolute fact that the degree of our health, or the amount of sickness we have depends in a very great measure upon the amount of life force in the body.

People have wondered how it is that the Masters and Teachers in the Far East have the power to have lived for hundreds of years.

Exercises and techniques are given in this book so that one may bring about that inflow of life energy. The Exercises and techniques must be **done very carefully** and in the proper manner to get the proper results.

Price: \$2.00

## DARKNESS IN LIGHT

By

DR. M. DOREAL

(Part Two)

Why do we measure ourselves and friends and humanity everywhere by these small limitations of men? Why do we put up the standard of darkness for that great measure of light? It is the light in us parading on the plains of the shadows that makes us do it. We refuse to conceive the true perspective of light. The glory of the Christ is lost in the worship of the man Jesus; the voice of the eternal in Him should also be the same voice in us; we bind it in words and opinions and theologies as the music and message of the voice are lost, drowned in our darkness. I am life itself, eternal, the sense of an eternal being which now waits to shine in its own light to be established in me. Why do we fear and cavil as if we were worms of the dust? Why do we limit ourselves by this small perception which hides the light so that it appears in darkness to us? Why do we cover it up with the rubbish of this or that attainment, it is, let it shine in its own glory.

A hero arises, we immediately limit



that man by his courage, we pin him to an event. Idolize courage, idolize truth. Let them stand as the essential human qualities that seek free play in every life, call out the great qualities in one another by recognizing that each man's measure is eternal. We expect great things because greatness is there to be revealed. Until we establish ourselves against this background of consciousness, this beautiful, glorious, light of eternal life, we have no true measure of living. The whole world slumbers and blunders in the darkness of the light that is hidden beneath the rubbish of foolishness, pride, and ambition to be something, instead of taking hold of that which we are and letting the light itself reveal itself in its beauty. This glory can never take the form of the darkness, it can never come into things, it cannot be revealed in the shadow of life.

The man Jesus is a type or symbol of the Christ soul, the Universal Soul, His glory is so bright that the world, unable to grasp it, falls down before it; it is unable to feel the touch of it and so follows after the light that is hidden in the darkness of a form, concealed in the limitation of a place and a time. "Ye are the light of the world," what a voice speaks in those words, how they

ring down the centuries in rebuke to our measure of light by darkness.

It is our own ideals that need to be illumined, that need to be recreated, reestablished. Look at the man that lives like himself in some mountain valley where he has spent his lifetime among familiar neighbors and friends and the traditions of his fathers. He has his own measure of life, he will stoutly deny any existence of discoveries and inventions that he has not seen. His life is measured by the consciousness of things about him. We do likewise when we measure life by the things we would like to possess, by the things we hope to have, and not by the Great Soul, that, flashing His radiance upon us, exclaims, "Now thou art the eternal light of life, in thee shall all the possibilities of endlessness be." You are not what you seem, I am not what I seem. The greater light waits to be revealed in all this seeming light which is darkness.

Why should we measure ourselves in this darkest way? The soul seems to demand that we shall reveal ourselves and through the measuring of ourselves in our virtues and vices we shall at last come to the measure of light. One says, "I have always been good, I have always tried to do right, to do no wrong act,

to think no wrong thought," is not that the highest ideal? From the standpoint of the Christ Light, no, it is an ideal and a necessary one, but it is not the highest, it is an ideal that you will someday leave far behind, your measure is in the center of light where you cannot feel yourselves as measured against virtue or vices, life or death. They no longer exist to you or for you, you are the one of life.

(To be continued)

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#### EXAMPLE

Education does not mean teaching people what they do not know. It means teaching them to behave as they do not behave. It is not teaching the youth the shapes of letters and the tricks of numbers, and then leaving them to turn their arithmetic to roguery, and their literature to lust. It means, on the contrary, training them into the perfect exercise and kingly continence of their bodies and souls. It is a painful, continual and difficult work to be done by kindness, by watching, by warning, by precept, and by praise, but above all--- by Example.

John Ruskin

COLORADO, Boulder - B.W.T. Metaphysical Truth Group, Metaphysical classes and discussion led by Eugene G. Sparks. Call 447-2930 for exact dates and time.

COLORADO, Denver - Metaphysical Lectures every Sunday at 11:00 a.m., and Tuesdays at 7:30p.m. Held at 1001 East 7th Ave., by Dr. J. Trenton Tully.

KENTUCKY, Blaine: Dr. Samuel Webb is conducting metaphysical classes at the Blaine Baptist Church. Please contact Dr. Webb for specific time and dates.

MEXICO, Merida, Yucatan: Dr. Pedro Gonzalez Milan, meetings held Monday at 9:00 p.m. at Calle 30 #502-p x 63.

MICHIGAN, Empire: Dr. James B. Carriere, MsD., P. O. Box 182, for Metaphysical Instruction and counseling call 616-326-3651.

MINNESOTA, Minneapolis: Metaphysical group meetings at 8:00 p.m. every Tuesday at 303 Ridgewood Ave., conducted by Michael Mavis.

MISSOURI, Brookline: Discussion Group led by Dr. Edith M. Johnson, Rt. 1, Box 16.

NEVADA, Las Vegas: Paradise Metaphysical Center. For information or spiritual counseling, call Rev. Maxine Dowell, 736-4205.

OHIO, Toledo: Metaphysical instructions and discussions by Bertha Eaton, 2058 Eastbrook Dr. Phone: 474-5144.

OREGON, Portland: Those seeking counsel on the New Age Metaphysical and Spiritual Enlightenment may contact Dr. Carrie Moffit at 349 N.E. 76th St., Portland, Ore. Phone: 253-9472

# WISE THINGS

Wise are the tiny atoms  
To group themselves aright.  
Wise are the springtime roses  
To keep the dooryard bright.  
Wise are the planted seedlets  
To their own kind to hold  
Wise are the cells and tissues  
Life's wonder to unfold.

Wise are the stars of heaven  
Their charted ways to keep.  
Wise are the years unceasing  
As to their goals they sweep.  
To all who pause and listen  
The voice of nature sings  
That God has planted wisdom  
In all created things.

Clarence Edwin Flynn

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"I reverence human nature; I bless it for its kind affections; I honor it for its achievements in science and art, and still more for its examples of heroic and saintly virtue; these are marks of a divine origin and the pledges of a celestial inheritance; and I thank God that my own lot is bound up with that of the human race."--William Ellery Channing



# The Brotherhood Newsletter

Dear Students and Friends,

Our spring weather didn't last very long, as we are having another deep, wet snow today. We know that the conditions in the world and the consciousness of man has a great deal to do with the weather conditions.

Dr. Joseph Shwed conducted the Easter Candlelight Service last Sunday. He gave a very inspirational talk on "A Great Light." "As we know and have been taught, Jesus was One Great Light, an Avatar. He came knowing his duty and what was to come. In ages after the passing of Jesus into transition, the dark ages descended upon the world. Although Jesus passed from the world he continued his secret work. We have and still have this great Light and there are many facets of that Light in existence. Each and every one of us is knowingly or unknowingly a facet of light."

Next Sunday, April 5, 1970 at 3:30 P.M. there will be "The Fellowship of the Avatar Meeting" for members only.

In Truth,

The Brotherhood Staff

## P R O G R A M

April 5, 1970, Fellowship of the Avatar meeting for members only at 3:30.

April 6, 1970, Dr. J. Trenton Tully will give his class at 7:30 p.m.

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CALIFORNIA, Placerville - B.W.T. Metaphysical Study Group and Counseling. For information call: Dr. Vivian Teaney or Dr. Dorothy Dickinson, Rt. 3, Box 4103. Phone: Area Code 916-644-1778.

CALIFORNIA, Santa Fe Springs - For time and place of discussion, meetings being held weekly, call Hank Vernava, 868-1095 or Frank Darling, Anaheim, 827-7088.

CALIFORNIA, Sun Valley - The Church of Divine Harmony, 10064 Stonehurst Ave., conducts Sunday worship at 11:00 a.m., Sunday School at 10:00 a.m., and Wed. class at 8:00 p.m. The Ministers, Drs. Marian and George Jones may be contacted at 767-4937.

CALIFORNIA, Wilmington - Dr. Osmon A. Rohm conducts Thursday evening study groups, 1043 N. Avalon Blvd. For Details contact Dr. Rohm at 835-6888.

CANADA, Montreal - Meetings every Monday night at 8:00 p.m., by Dr. Marguerite Cardin, 7722 St. Denis. Phone: 274-2915.



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By  
DR. M. DOREAL

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The Great Temple

The Pineal Eye

Treasures of Light

Mystery of Color

On The Path

Material Man and the Present Conditions  
and Spiritual Man and the Future  
Conditions



*Brotherhood of the White Temple*

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